PATRICIA INFINITY
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COWL TUTORIAL
MATERIALS
- 6 fat quarters of desired print
- co-ordinating thread
- hand sewing needle

FINISHED MEASUREMENTS
31.5”W X 16.5”H (Approximately)
Measured flat.

FABRICS USED
Rock 'n Romance by Pat Bravo for Art Gallery Fabrics
- Wild Heart Daring - Rebel Cherie Kisses - Ashen Rose Smoke - Femme Metale Chrome

INSTRUCTIONS

STEP ONE: PIECING YOUR FABRICS

Start by choosing 3 fat quarters for your outer cowl fabrics and 3 fat quarters for your inner cowl fabrics. I chose to use 2 fat quarters of the same print for both the outer and inner cowl fabrics.

With RS facing each other start by sewing 2 of your fat quarters (from your outer cowl fabric) together with a 1/2” seam allowance along your short edge. Sew your 3rd fat quarter with RS facing to the pieces you just stitched together.

Repeat the following steps this time using your chosen fat quarters for your inner cowl portion.

You should now have 2 strips of fabric comprised of 3 fat quarters each. See diagram below.

STEP TWO: ASSEMBLING YOUR COWL

Sew with a 1/2” seam allowance your 2 strips together with RS facing each other along the top edge. Repeat this step again this time sewing along your bottom edge.
PATRICIA INFINITY COWL
by: shannon cook

STEP TWO: SEWING YOUR COWL

Pin along your circle that you will be sewing. Sew along the circle with a 1/2" seam allowance being careful to leave about a 4-5" opening to pull your cowl through to the right side. *Tip: Remember that you will have to maneuver the fabric away as you sew to keep from sewing the cowl down flat. You want it 3 dimensional. When you look into your opening you should see the right side of your cowl laying in there. When you sew the opening you will have RS facing each other.

STEP FOUR: FINISHING YOUR COWL

Turn your cowl right side out and lay flat. Slowly pull each of your ends over your cowl (kind of like peeling a banana motion) so that you see the WS of your cowl. Meet your ends together in the middle. You will have the rest of your cowl inside itself. Place your short ends together and open them forming a circle so to speak. We want the cowl to remain three dimensional meaning that when you go to stitch the cowl ends together you are going to essentially seal the circles together, sort of like they are kissing instead of just sewing them flat & straight across. Your cowl will be tucked inside.

Turn your cowl right side out through your opening. Hand sew your opening closed using an invisible stitch. Have fun with your new cowl! Happy sewing! Have fun with your new cowl wearing it either way - you now have two cowls in one!